# Wixárika Híkuri Ceremony

with Enrique Ramirez

Background photo by Emily Irene Photo Co. on Unsplash

## DECEMBER 12

## TUCSON

We'll gather outdoors around a fire just before sunset and stay until morning.



Announcing a very special opportunity. A revered shaman from Central Mexico will be returning to Tucson, holding a ceremony December 12th and you have the opportunity to participate.

Enrique Ramirez is a *mara'akame* — a shaman, guide, and storyteller with a lineage going back thousands of years in the Huichol (Wixárika) tradition. The role of the mara'akame is to act as a bridge between physical and spiritual realms.

## Suggested donation: $200

Limited scholarships are available. Please get in touch if cost would keep you from coming.

**REGISTER**

https://forms.gle/3e2j7oQAwHWLsKVaA

*Please share this invitation with friends and loved ones.*

Read the preparation guide before you come.

# Preparing for the ceremony

Wixárika Híkuri Ceremony · Enrique Ramirez · December 12 · Tucson

We'll be sitting up all night, except when we're dancing. Bring warm layers and plenty of padding.

## Mind & body preparation

- **Come well rested.** Fasting on the day of the ceremony is traditional, but if you are not used to fasting, it's okay to eat light, simple foods. Avoid anything heavy, greasy, or processed, and finish eating several hours before the ceremony.
- **Avoid alcohol and other substances** leading up to and during the ceremony.
- **When you register, tell us about any medications you take,** especially stimulants, antidepressants, or anxiety medications.
- This is not a party, but rather, a revered ancient ceremony. Approach it with respect, humility, and curiosity. Great insight and transformation are possible, but this ceremony itself is a place where you are the student and the medicine is teacher.
- Let go of expectations about what the experience *should* be like.

## What to bring

- **Warm, comfortable clothes.** Bring more layers than you think you'll need; you can take some off.
- A sleeping bag for warmth.
- Blankets, a yoga mat, or other padding to sit on.
- A meditation bench, cushion, or BackJack.
- Water to drink.

## Additional gifts

The suggested donation covers bringing Enrique to Tucson and holding the ceremony. Please also bring cash gifts for Enrique and for the stewardship of the land.

*The intention behind your gift matters more than the amount.*

## Offerings for the ceremony

**Please bring a candle** to place in front of you. A glass jar prayer candle works well.

Here are some suggested items to bring - choose what calls to you

- Flowers or something beautiful for the shared altar.
- A small photo, piece of jewelry, charm, or memento you'd like blessed on the altar.
- Copal incense, chocolate, or sage for the fire or altar.
- Some firewood, preferably mesquite.
- Something light to share for breakfast.
- A drum or rattle, or a song you'd like to share. We'll have several rounds of singing and playing.

## Wixárika artesanía

Enrique will have sacred Wixárika artesanía for sale the next morning. These may include beadwork, jewelry, yarn paintings, and *nierikas*, sacred mirrors or ritual objects.

## The film

You can learn more about Enrique, the Wixárika people, and their work to save their sacred land *Wirikuta* from destruction by watching the documentary made about his family "Huicholes: The Last Peyote Guardians."